How HR Can Help Employees Navigate Political Conversations at Work

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David Barron was quoted in an HR Brew article on managing employee conflicts amid political tensions following the 2024 U.S. election. David shared, "I wonder how many people are going to be fired today for a fist fight during lunch over the election." A recent survey found that political discussions have led to conflicts, lowered morale, and prompted some employees to consider quitting. To address this, HR leaders are considering hiring ombuds as neutral, confidential resources to help prevent conflicts from escalating. Additionally, HR professionals are encouraged to foster respectful discourse by implementing clear communication policies and offering training on civil discourse.

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