

Wishing the Legal Industry Well

Location

Webinar

Date & Time

Start Date: 10/12/2021

Start Time: 6:00 pm

End Time: 7:00 pm EDT

Michael Schmidt and Dr. Christina Carson-Sacco, a clinical psychologist and a partner with The Center for Neuropsychology and Counseling, P.C., will be presenting a webinar on occupational and intellectual well-being during the COVID-19 pandemic. Topics include the importance of keeping a routine to achieve better work-life balance; recognizing rational and irrational fears from the media; and why sleep is so important for your well-being.

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ATTORNEYS



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